



2025 Lawnton Swim Club LC Preparation Meet

This meet is sanctioned by Swimming Queensland and Brisbane Swimming. Times swum will be recognised as official Qualifying Times for Australian, Queensland and Brisbane Championships events

DATE:	Sunday 28 September 2025
VENUE:	Lawnton Aquatic Centre Cnr Lawnton Pocket Rd and Bells Pocket Rd Lawnton
SESSIONS:	Pool Opens 8am Session 1 (Junior): Warm-up 8.00am-8.45am / Competition starts 9.00am Session 2 (Senior): Start time will be confirmed once entries close & the timeline finalised.
AGE:	As of 28 Sept 2025. Minimum age for competition is 8yrs. Minimum age for Open events is 11yrs.
ELIGIBILITY:	Entry is open to all Swimming Queensland registered swimmers who are members of the following clubs: Aspley, Australian Crawl, Belgravia ST, Bracken Ridge, Dayboro, Electric Eels, Ferny Hills, Genesis, Grace, Kedron, Lawnton, Nudgee College, Pine Rivers, Redcliffe Leagues, Samford, Southern Cross, St Margaret's, The Lakes College, United, Virginia & Wide Bay
NOMINATIONS:	Fees \$10 per event (plus transaction fees) Online entries only via Swim Central - https://swimcentral.swimming.org.au Tuesday, 16 September 2025 at 11:59pm. No late entries will be accepted.
MEDALS:	Junior Session: Medals will be awarded to the fastest three placegetters in each age group (8, 9, 10 & 11 yrs). Senior Session: Medals will be awarded to the fastest three placegetters in each age group for the 50m and 100m events (12, 13, 14, 15 years & over). Fastest three placegetters overall will be awarded medals in the Open Events (200m, 400m, 800m and 1500m).
PROGRAMS:	No programs available on the day. Finalised program will be emailed prior to the meet.
EVENTS:	As per the attached Schedule of Events; competitors will be seeded by time rather than age-group. Multi Class Swimmers can enter in any event. This is a Preparation Meet and will be conducted and run under SQ/SAL rules. All events will be swum as Timed Finals.
TIMING:	Semi-automatic timing will be used. Clubs will be required to provide timekeepers on the day based on the number of nominated swimmers. All clubs with swimmers in distance events are required to provide timekeepers for these events. Lawnton Swim Club will provide a timekeeping roster prior to the event.
MARSHALLING:	Marshalling will be Self Marshalling. Marshalling will be held under the grandstand. Swimmers must walk to the shallow end of the pool to walk around the grandstand to get to marshaling.
FACILITY:	Drinks and food will be available from Lawnton Aquatic Centre Café. The Indoor Pool and Toddlers pools are out of bounds for anyone that has not paid for the use of these facilities. Please NOTE the facility uses all Watch Around Water Policy and if you have paid for your child to use these pools you MUST abide by these rules.
REFUNDS:	No refunds will be given for withdrawal from the Meet unless it is due to medical reasons. Notification (to our Race Secretary) must be given by 5pm Wednesday 24 th June, and refund request with a medical certificate provided within 7 days of the Meet.
CONTACT:	Lawnton Swim Club Race Secretary – lawntonswimclub@hotmail.com



Program of Events

Session 1

9.00am Start - 8.00am warm up

Boys Events	Age	Event Description	Girls Events
1	9 – 11 years	200m Individual Medley	2
3	8 – 11 years	50m Freestyle	4
5	9 – 11 years	100m Backstroke	6
7	8 – 11 years	50m Breaststroke	8
9	9 – 11 years	100m Butterfly	10
11	8 – 11 years	50m Backstroke	12
13	8 – 11 years	100m Freestyle	14
15	8 – 11 years	50m Butterfly	16
17	9 – 11 years	100m Breaststroke	18
19	9 – 11 years	200m Freestyle	20

Note: Medals will be awarded to the fastest three placegetters in each age group (8, 9, 10 and 11 years).

Session 2

12.00pm noon or later start

Boys Events	Age	Event Description	Girls Events
21	Open	400m Freestyle	22
23	12 years & over	100m Breaststroke	24
25	12 years & over	50m Backstroke	26
27	Open	200m Butterfly	28
29	Open	200m Breaststroke	30
31	Open	200m Backstroke	32
33	12 years & over	100m Butterfly	34
35	12 years & over	50m Breaststroke	36
37	Open	200m Individual Medley	38
39	12 years & over	100m Freestyle	40
41	12 years & over	50m Butterfly	42
43	Open	200m Freestyle	44
45	12 years & over	100m Backstroke	46
47	12 years & over	50m Freestyle	48
49	Open	400m Individual Medley	50
51	Open	800m Freestyle	52
53	Open	1500m Freestyle	54

Note: Medals will be awarded to the fastest three placegetters in each age group for the 50m and 100m events (12, 13, 14, 15 years & over). Fastest three placegetters overall will be awarded medals in the Open Events (200m, 400m, 800m and 1500m).