**LAWNTON SWIMMING CLUB**

**2022 LAWNTON LC** SPRINT **PREPARATION MEET**

**SATURDAY 14TH JANUARY 2023**

**Lawnton Aquatic Centre**

**Cnr Lawnton Pocket Rd and Gympie Rd Lawnton**

**NOMINATIONS OPEN**

**NOMINATIONS CLOSE: TUESDAY 3rd JAN 2023**

**GATES OPEN 8am**

**FREE ADMISSION – (parents and swimmers for 50m pool ONLY)**

**Anyone intending using either indoor heated pool or toddler pool will be required to purchase a wristband at reception. Please make sure you read requirement for this below.**

**Kiosk and bbq available on the day.**

**Raffles and Prizes throughout the day**

**ENQUIRIES**: lawntonswimclub@hotmail.com

Lawnton Swimming Club wishes to extend this invitation to your club to compete in the 2023 Lawnton Swimming Club LC Preparation Meet, to be held at the Lawnton Aquatic Centre.

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| **Date:** | Saturday 14th Jan 2023 |
| **Time:** | Morning Session (8-11 Years): Warm up 8:am, Competition 9am sharp<br>Afternoon Session (12 Years & Over): Will not start before 11am (or later depending on entry numbers) |
| **Programs:** | Programs will be sent out and will also be found on Lawnton Swim Club www.lawntonswimclub.com.au webpage |
| **Age:** | Age as at 14th Jan 2023. Minimum age for competitors is 8 years. |
| **Eligibility:** | Entry is open to all Swimming Queensland 'Competitive' registered swimmers who are a member of one of the following clubs, allocated to this meet: **Albany Creek**<br>**ASPLEY; AUSTRALIAN CRAWL; BELGRAVIA; BOONDALL, BRACKEN RIDGE; CENTARY DOLPHINS; ELECTRIC EELS; FERNY HILLS; GRACE; GENESIS; KEDRON; LAWNTON; NUDGEE COLLEGE; PINE RIVERS; REDCLIFFE LEAGUES; SAMFORD; SOUTHERN CROSS; ST MARGARET'S; ST PETER'S CABOOLTURE; THE LAKES COLLEGE; VIRGINIA; UNITED; and ANY WIDE BAY REGIONAL SWIMMING ASSOCIATION MEMBER.** |
| **Conditions of entry:** | A Swimmer may nominate in any or all events in their age group. No swimming up is allowed. Nominations are accepted on the understanding that the nominating club has the responsibility to ensure that all competitors are registered with Swimming Queensland, date of birth is correct, and times entered are current. Clubs nominate on the condition that they provide timekeepers on the day. |
| **Timing:** | Semi-automatic timing system will be used; three timekeepers per lane.<br>Time keeping assignments for each club will be based on the percentage of each clubs' nominations per session. Lane assignments will be emailed to club secretaries prior to event and will be available on the day.<br>Times recorded may be used as qualifying times for ALL other meets, including State & National. |
| **Entry cost:** | **$8.50 per event. Entries will be via Swim Central.**<br>**NO GATE ENTRY** |
| **Nominations:** | Online nominations **OPEN. CLOSES Tuesday 3RD Jan 11.55pm.**<br>Late entries will only be accepted at the discretion of the Event Organiser and only if there is an empty lane. No new heats will be created. Late entries will be $50 per event. |
| **Facilities:** | Lawnton Aquatic Centre is an outdoor facility with a large undercover grandstand. There is a grassed area which can accommodate club tents. Marshalling is held underneath the grandstand and swimmers are to go to the shallow end of the pool to walk behind the grandstand to get to Marshalling. There is NO warmup pool – **Anyone using Toddler pool or Indoor pool are required to purchase a wrist band at reception. Anyone in these pools that is a non-swimmer or under 5ys must be within ARMS REACH OF AN ADULT AT ALL TIME. Anyone 5yrs and over must ALWAYS have ADULT SUPERVISON.** |

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| **Events:** | As per the attached Program of Events. The meet will be conducted and run under SQ/SAL rules. One start rule will apply. All events will be swum as timed finals and placing given to the three fastest times in each age group. Referees' decision is final. **Minimum age of 11 years is required for Open Events** |
| **Medals:** | Medals will be awarded to the three fastest placegetters in each age group.<br>50m – 8, 9, 10, and 11 years, 12, 13, 14, and 15 years & Over |

For more information about the Meet or nomination enquiries, please contact Race Organiser, Peta McKay via email lawntonswimclub@hotmail.com

**We look forward to a great day of racing.**

# Program of Events – 14th January 2023

**2023 Lawnton LC Preparation Meet -**

**14/01/2023Junior Session 8am - Warm Up 9am**

| Event No Boys | Event Name Start | Event No Girls |
|---|---|---|
| 1 | 8-11 50 Butterfly | 2 |
| 3 | 8-11 50 Backstroke | 4 |
| 5 | 8-11 50 Breaststroke | 6 |
| 7 | 8-11 50 Freestyle | 8 |

**Senior Session - Will Not Start Prior to 11am**

| Event No Boys | Event Name | Event No |
|---|---|---|
| 9 | 12-99 50 Butterfly | 10 |
| 11 | 12-99 50 Backstroke | 12 |
| 13 | 12-99 50 Breaststroke | 14 |
| 15 | 12-99 50 Freestyle | 16 |